



Making Body Breathing & Sensory Practices Trauma-Informed

TCTSY

TRAUMA CENTER
TRAUMA SENSITIVE YOGA



Facilitated by
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TCTSY-T

**Translational Practice: Bringing
Interoception, Trauma-
Sensitive Breathing, Sensory
Approaches & Mindful
Movement into Therapeutic &
Clinical Practice**

MAKING BODY BREATHING & SENSORY PRACTICES IN THERAPY TRAUMA INFORMED -1 DAY WORKSHOP

ONLINE VIA ZOOM 23 JUNE 2023

9.30AM -4.30PM UTC+08:00

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